

## **Psychotherapeutic Medication Use During Pregnancy and Lactation:**

Source	Title, hyperlink and publication date	Description
National Institute of Health and Human Services U.S. National Library of Medicine	Drugs and Lactation Database (LactMed) Updated monthly  <a href="https://www.ncbi.nlm.nih.gov/books/NBK501922/">https://www.ncbi.nlm.nih.gov/books/NBK501922/</a>	Information on drugs and other chemicals to which breastfeeding mothers may be exposed. Includes information on levels of substances in breast milk and infant blood as well as possible adverse effects in nursing infants based on most updated peer-reviewed literature.
MotherToBaby	Fact Sheets  <a href="https://mothertobaby.org/fact-sheets-parent/">https://mothertobaby.org/fact-sheets-parent/</a>	Fact sheets that address frequently asked questions about exposures to medications during pregnancy and breastfeeding.
MGH Center for Women's Health	Psychiatric Medications and Lactation: Informing Clinical Decisions Dec 2013/Jan 2014  <a href="https://womensmentalhealth.org/mcm_obgyn/4012-2/">https://womensmentalhealth.org/mcm_obgyn/4012-2/</a>	Article that discusses the use of psychotropic medications during lactation/breastfeeding.
American College of Obstetricians and Gynecologists (ACOG)	ACOG Guidelines on Psychiatric Medication Use During Pregnancy and Lactation Sept 2008  <a href="https://www.aafp.org/afp/2008/0915/p772.html">https://www.aafp.org/afp/2008/0915/p772.html</a>	Tables on the effects of psychotropic medication use during pregnancy. Includes analysis for Major Depression, Bipolar Disorder, Anxiety Disorders, and Schizophrenia.
MGH Center for Women's Mental Health	Do SSRIs Increase The Risk of Preeclampsia? June 2009  <a href="https://womensmentalhealth.org/posts/do-ssris-increase-the-risk-of-preeclampsia/">https://womensmentalhealth.org/posts/do-ssris-increase-the-risk-of-preeclampsia/</a>	Article describing demographic variables associated with gestational hypertension and/or preeclampsia and discussing results of studies in women who were treated with SSRIs and women who were not treated with SSRIs during pregnancy.
MGH Center for Women's Health	Breastfeeding and Psychiatric Medications: How safe is it for women to take medications and breastfeed? 2015  <a href="https://womensmentalhealth.org/specialty-clinics/breastfeeding-and-psychiatric-medication/">https://womensmentalhealth.org/specialty-clinics/breastfeeding-and-psychiatric-medication/</a>	Reviews general information on the use of antidepressants, anxiolytics, mood stabilizers and antipsychotics during breastfeeding.